



Horticultural Therapy Workshop

August 15-16, 2013

Growing Plants & People Together



Memphis Botanic Garden
750 Cherry Road, Memphis, TN 38117
901-636-4128 • memphisbotanicgarden.com



This workshop is designed for service providers interested in new ways to achieve therapeutic goals. On Day 1, participants receive an overview of horticultural therapy, evaluation and assessment information, and horticultural activities for programs. Day 2 provides specific ideas and concerns for program development, activities for special populations, and recovery through gardening. Attendees may sign up for one or both days.



Day 1: Basics of Programming & Activities

- 7:30 Registration and Check-in
- 8:00 Opening Ice Breaker and Welcome
- 8:30 Introduction to Horticultural Therapy
- 9:30 Safety
- 10:00 15-Minute Break
- 10:15 Goals, Objectives, and Outcomes
- 11:00 Implementing a Program (STEP-UP Farm)
- 11:30 Lunch with Activity Demonstrations
- 1:00 Accessibility: Adaptations and Modifications
- 1:45 Propagating for Fund Raising
- 2:45 15-Minute Break
- 3:00 Plant Care and Maintenance
- 4:00 Documentation: Assessment and Evaluation
- 5:00 Adjourn

Day 2: Program Development & Implementation

- 7:30 Registration and Check-in
- 8:00 Welcome and Introductions
- 8:20 Smells Like Money to Me
- 9:00 Meeting Special Needs
- 10:00 15-Minute Break
- 10:15 Recovery through Gardening
- 11:00 Program Development
- 12:00 Lunch and Networking
- 1:00 Tour Gardens



To register, return this form with your payment to:

Memphis Botanic Garden

ATTN: Laurie Williams

750 Cherry Road, Memphis, TN 38117

Or register by phone: 901-636-4128

- _____ \$80 Day 1: Basics of Programming and Activities
- _____ \$60 Day 2: Program Development and Implementation
- _____ \$125 Both Days
- _____ \$15 CEU Credit
- (All prices include lunch.)**

_____ Check payable to Memphis Botanic Garden
-or-

MC/Visa # _____

Exp. _____ CVV or security code from back of card: _____

Signature (Credit Card only) _____

Name: _____
(as you wish it to appear on your name tag)

Organization: _____

Address: _____

City: _____ ST: _____ Zip: _____

Phone: _____

Email: _____

May we send you updates on Garden events & programs? Yes No

Eco-lunch selections by Fratelli's Café at the Garden

Ecologically packaged with 100% biodegradable materials!

Day 1/Day 2

- / #1 **Roma Club:** Oven roasted turkey breast, tomato, hardwood smoked bacon, fresh avocado with cilantro-lime spread on Italian focaccia bread.
- / #2 **Chicken Salad:** Homemade chicken salad on fresh-baked croissant.
- / #3 **Black Forest:** Black Forest ham, Swiss, lettuce, and tomato on marble rye bread with mayonnaise and Dijon mustard on the side.
- / #4 **Vegetarian:** Fresh milk mozzarella, tomato and fresh basil with a balsamic vinaigrette.
with / **Pasta** or / **Potato Chips**
cookie and fruit.

If you have dietary restrictions, please call Laurie Williams at 901-636-4128 or email Laurie.Williams@memphistn.gov.